

**Balika Vidyapith Lakhisarai (811311)**

**CLASS - 5**

**SUBJECT - EVS**

**Based On NCERT**

**Date - 04/08/2020**

**Chapter - 3(Revise)**

**\* Food , Health And Diseases \***

**A. Write the sources of the following vitamins .**

**(a) Vitamin A = .....**

**(b) vitamin B = .....**

**(c) vitamin C = .....**

**(d) vitamin D = .....**

**(e) vitamin E = .....**

**Do it in copy**

**\*\*\*\*\***

**Jyoti**

